# Expanding Behavioral Health in Schools

Development of a Collaborative Service Delivery Model

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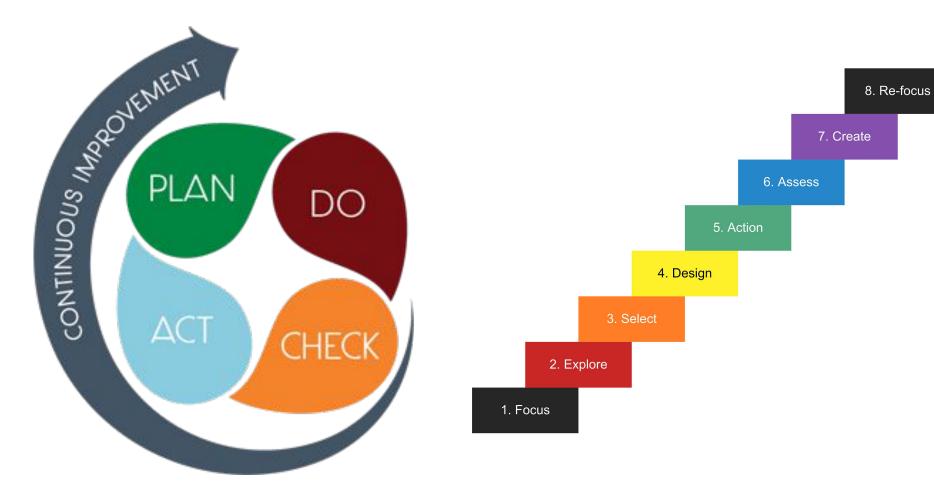
**June 2018** 

# Today's Objective

- Develop an understanding of an emerging Collaborative Service Delivery Model
- Reflect on what are the next steps for your context or program.

## **AGENDA**

- 1. Introduction
- 2. Overview of BHS
- 3. Model & Principles
- 4. Service Delivery
- 5. Implementation
- 6. Improvement







## 30K FT VIEW

## THE WHY, VISION, PURPOSE



## 1K FT VIEW

THE WHAT, STRATEGY, PRIORITIES

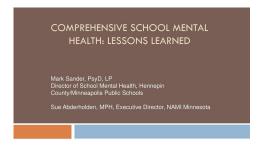


## GROUND

THE HOW, PLAN, IMPLEMENTATION

#### CHILDREN'S MENTAL HEALTH COLLABORATIVE

#### Dane County, Wisconsin



## HENNEPIN COUNTY

Click here for presentation



#### **Expanding School-Based Mental Health**

in Wisconsin

https://www.schoolmentalhealthwisconsin.org/school-based-mental-health/



## Social Work

UNIVERSITY OF WISCONSIN-MADISON



















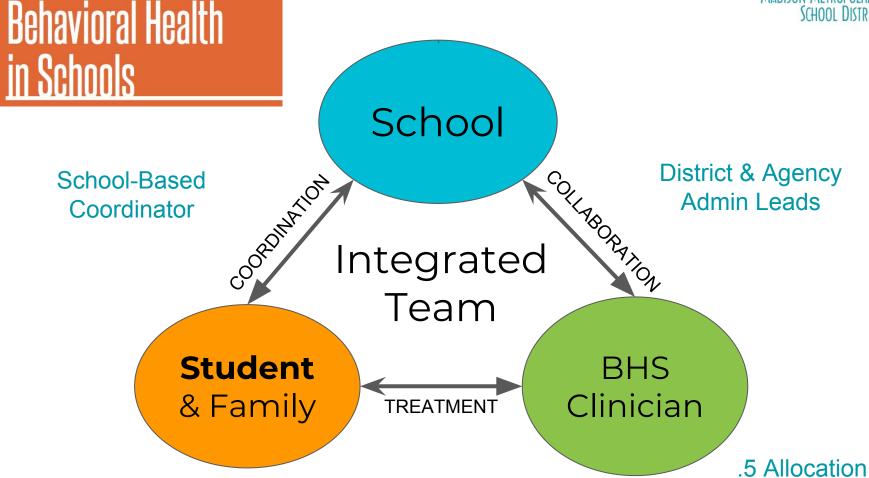






Wellbeing & Readiness to Learn





## Madison BHS Model\*

- 1. MH Clinician is **Integrated** 
  - a. Close collaboration with coordinator and school staff.
  - b. Member of a student services team
  - c. Flexible alignment with "school culture"
  - d. Part of tiered system of supports
- 2. Guided by a community-based partnership (MOA)
- 3. Service delivery guided by 4 **guiding principles:** family-based, trauma-informed, culturally responsive, data driven
- 4. Seeks innovation & sustainability





## 4 Guiding Principles

Family Based Culturally Responsive Informed Driven

- Engagement
- Involvement
- Empowering
- Strengths

- Effective
- Capacity
- Context
- Systemic

- Screen
- Practices
- Impact
- Partnerships

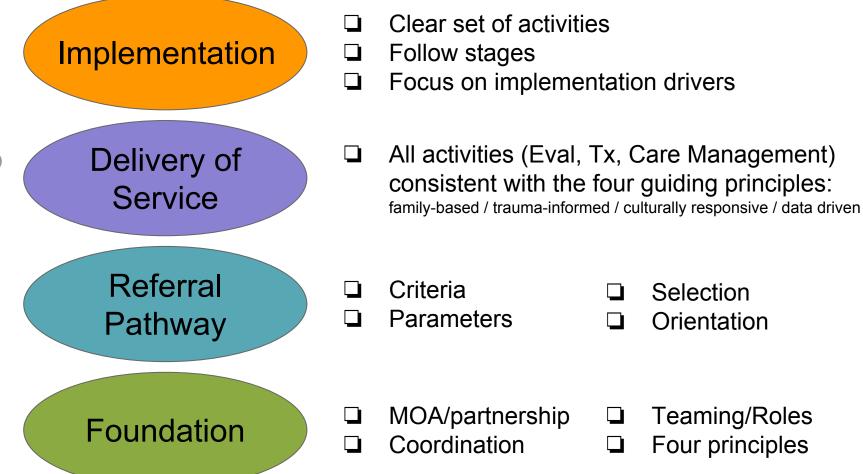
- Plan
- Outcomes
- Monitor
- Improvement

## **Implementation**

Referral Pathway

Delivery of Service

**Foundation** 

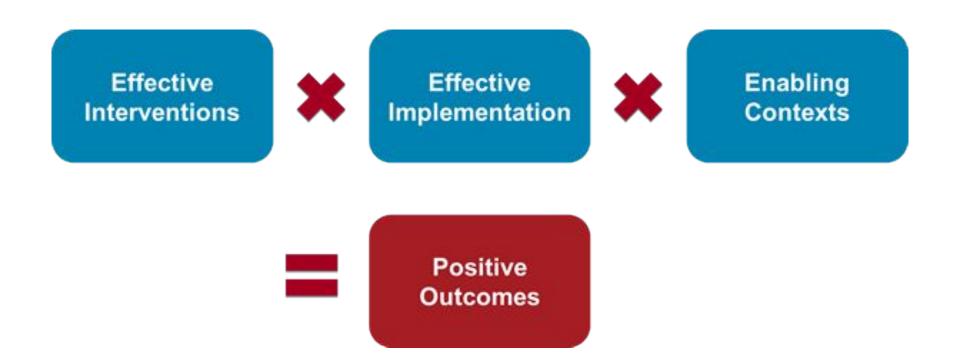






"... a specified set of activities designed to put into practice an activity or program of known dimensions. ... processes are purposeful and are described in sufficient detail such that independent observers can detect the presence and strength."

https://nirn.fpg.unc.edu/learn-implementation/implementation-defined



https://implementation.fpg.unc.edu/ Search for "NIRN Implementation"



#### Implementation Stages

2-4 Years



#### Exploration

- Assess needs
- Examine intervention components
- Consider implementation drivers
- Assess fit

#### Installation

- Acquire resources
- Prepare organization
- Prepare implementation drivers
- Prepare staff

#### Initial Implementation

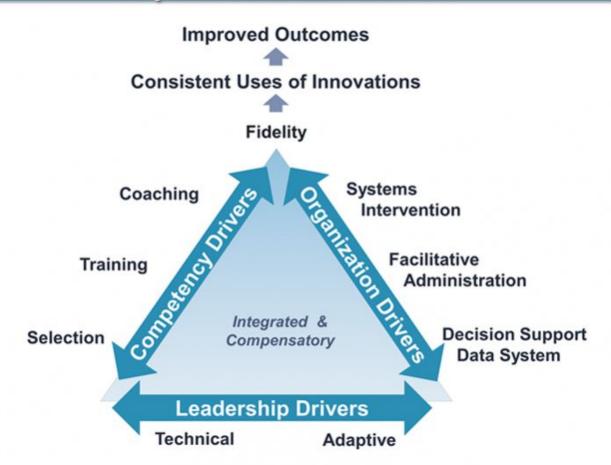
- Adjust implementation drivers
- Manage change
- Deploy data systems
- Initiate improvement cycles

#### Full Implementation

- Moniter,manage implementation drivers
- Achieve fidelity and outcome benechmarks
- Further improve fidelity and outcome



### **Implementation Drivers**



"Enabling contexts ... refers to the system in which organizations provide services to people. ... The goal is to assure that the structures, roles, and functions within a system are more enabling than hindering in their impact on the services provided and the degree to which socially significant outcomes can be achieved."

## **Collaborative Processes**

- Teaming
  - School-based Team
  - Cross-School Coordinator Teams
  - District-level Lead Team
  - Partnership Core Team
- Clear vision: 30k, 1k, Ground
  - District as fiscal agent
  - Driver of program design? Both/And
- Community-wide Impact (CMHC)

# Service Delivery Continuous Improvement

- Nurture the 'leadership driver' for implementation
  - Easy: BHS as fragmented tier 3 program
  - Hard: BHS as part of integrated/tiered system
- Matching allocation to need: flexing .5 model
- Progress monitoring: flexible/dynamic process for closing or transitioning to tier 2
- Minding the gap between <u>four principles</u> and implementation



- 1) Share your impressions and reactions of what you have heard.
- 2) What questions or wonderings come up for you?

