



TIME / DATES / LOCATIONS

Registration: 8:30-9:00 am

Training 9:00 am-3:00 pm

■ February 19, 2019

CESA #7

595 Baeten Road

Green Bay, WI 54304

Contact: Christine Kleiman, CESA #7

(920) 617-5645; ckleiman@cesa7.org

■ February 20, 2019

CESA #9

304 Kaphaem Road

Tomahawk, WI 54487

Contact: Lynn Verage, CESA #9

(715) 453-2141 x228; lverage@cesa9.org

■ February 21, 2019

CESA #10

725 West Park Avenue

Chippewa Falls, WI 54729

Contact: Carol Zabel, CESA #10

(715) 720-2145; czabel@cesa10.org

COST: \$125.00

(Lunch and snacks are provided)

About the Speaker:

Barbara Rubel, MA, BCETS, DAAETS, is a nationally recognized speaker on traumatic death and building resilience.

Barbara is the author of, *"But I Didn't Say Goodbye: Helping children and families after a suicide"* and the 30-hour continuing education course book for Nurses, *"Death, Dying, and Bereavement: Providing compassion during a time of need."* She is the co-author of the Department of Justice, Office for Victims of Crime Training Curriculum, *"Compassion Fatigue."*

Barbara, a Certified Bereavement Specialist and Board-Certified Expert in Traumatic Stress, was featured in the Emmy award winning Documentary, *"Fatal Mistakes."* She received a BS in Psychology and MA in Community Health with a concentration in Thanatology from Brooklyn College.



Managing Traumatic Grief in the School System

Helping Students, Parents, and Ourselves

Participants will increase their awareness of those things that influence grief after a traumatic loss and identify ways to build resilience in bereaved students and their parents, and themselves.

Objectives:

At the completion of this program, participants will be able to:

1. Recognize determinants that influence the grief process after a traumatic death
2. Identify how contemporary mourning theories promote mental health after a traumatic death
3. Create a Palette of Grief® to identify clinician's grief reactions and how to use the tool with students
4. Discuss eight pathways of self-care to counter compassion fatigue and enhance resilience

NOTE: The first 30 people to register at each site will receive a free copy of Barbara Rubel's book, *"But I Didn't Get to Say Goodbye: Helping children and families after a suicide."*

REGISTER ONLINE:

Green Bay — <https://login.myquickreg.com/register/event/event.cfm?eventid=21206>

Tomahawk — <https://login.myquickreg.com/register/event/event.cfm?eventid=21207>

Chippewa Falls — <https://login.myquickreg.com/register/event/event.cfm?eventid=21208>

Registration or billing questions:

Mary Devine, CESA #4

(800) 514-3075; mdevine@cesa4.org

Send payment to: ATTN: Mary Devine

CESA #4, 923 East Garland Street, West Salem, WI 54669

PLEASE include and clearly define: Participant name, exact name of workshop, and date, with all checks or purchase orders. Thank you!