

SY 2019-2020 Strategic Planning for More Comprehensive School Mental Health Systems

4th Annual Growing School-Based Mental Health Summit Extended Learning Session

This extended learning session is designed to support school and district teams evaluate, prioritize and plan strategic quality improvements to advance their school mental health systems in the 2019-2020 school year and beyond. Developing, implementing and sustaining comprehensive school mental health systems is an ongoing team effort that requires shared learning, evidence-based resources, creative thinking and targeted goals.

During the learning session, teams will receive expert consultation and feedback from Dr. Elizabeth Connors, Director of Quality Improvement at the National Center for School Mental Health, Wisconsin state consultants who have expertise in school mental health quality improvement, and fellow Wisconsin teams who are also focusing on advancing school mental health locally. Teams will review their team self-assessments* and work together to prioritize 1 or 2 areas to improve in the upcoming school year. Best practices in school mental health quality, practical strategies to make progress in busy school systems, and real examples Wisconsin and nationwide will be provided to help develop team plans.

Comprehensive school mental health systems

- ✓ Provide a full-array of supports and services that promote positive school climate, social emotional learning, mental health and well-being, while reducing the prevalence and severity of mental illness.
- ✓ Are built on a strong foundation of district and school professionals in strategic partnership with students, families and community health and mental health partners.
- ✓ Assess the social and environmental factors that impact mental health

(Hoover, S. & Lever, N. (in press). Advancing Comprehensive School Mental Health: Guidance from the Field. Washington, D.C.: Bainum Family Foundation.)

Format: Learning session will include content presentations, team planning with consultation, brief team report-outs (for shared learning and feedback), and interactive discussion for approximately 3.5 to 4 hours with movement breaks.

Teams are encouraged to bring 3-7 team members representing the following roles:

- Parent, family member, or family advocate
- School-employed health or mental health professional (e.g., school psychologist, school social worker, school counselor, school nurse)
- Community-employed health or mental health professional (e.g., social worker, psychologist, professional counselor, marriage and family therapist)
- School administrator (e.g., principal, assistant principal, director of guidance, dean)
- District behavioral health supervisor (e.g., Director of Student Support, Director of Related Services)

Note: We strongly encourage teams include at least one school- or district- employed professional, one community-employed professional, and one parent/family member/family advocate. If district-level teams are attending, we also strongly encourage at least one school building administrator or mental health professional to represent the school perspective.

*The only session prerequisite is to complete the School Mental Health Profile and Quality Assessment on www.theshapesystem.com For more information about how to register your school or district account and complete these assessments, visit <https://theshapesystem.com/register> or contact Dr. Elizabeth Connors at Elizabeth.connors@yale.edu