



The Impact of Prevention Services



Extension

UNIVERSITY OF WISCONSIN-MADISON
RACINE COUNTY

Pam Wedig-Kirsch
School Readiness & Family
Resiliency Educator



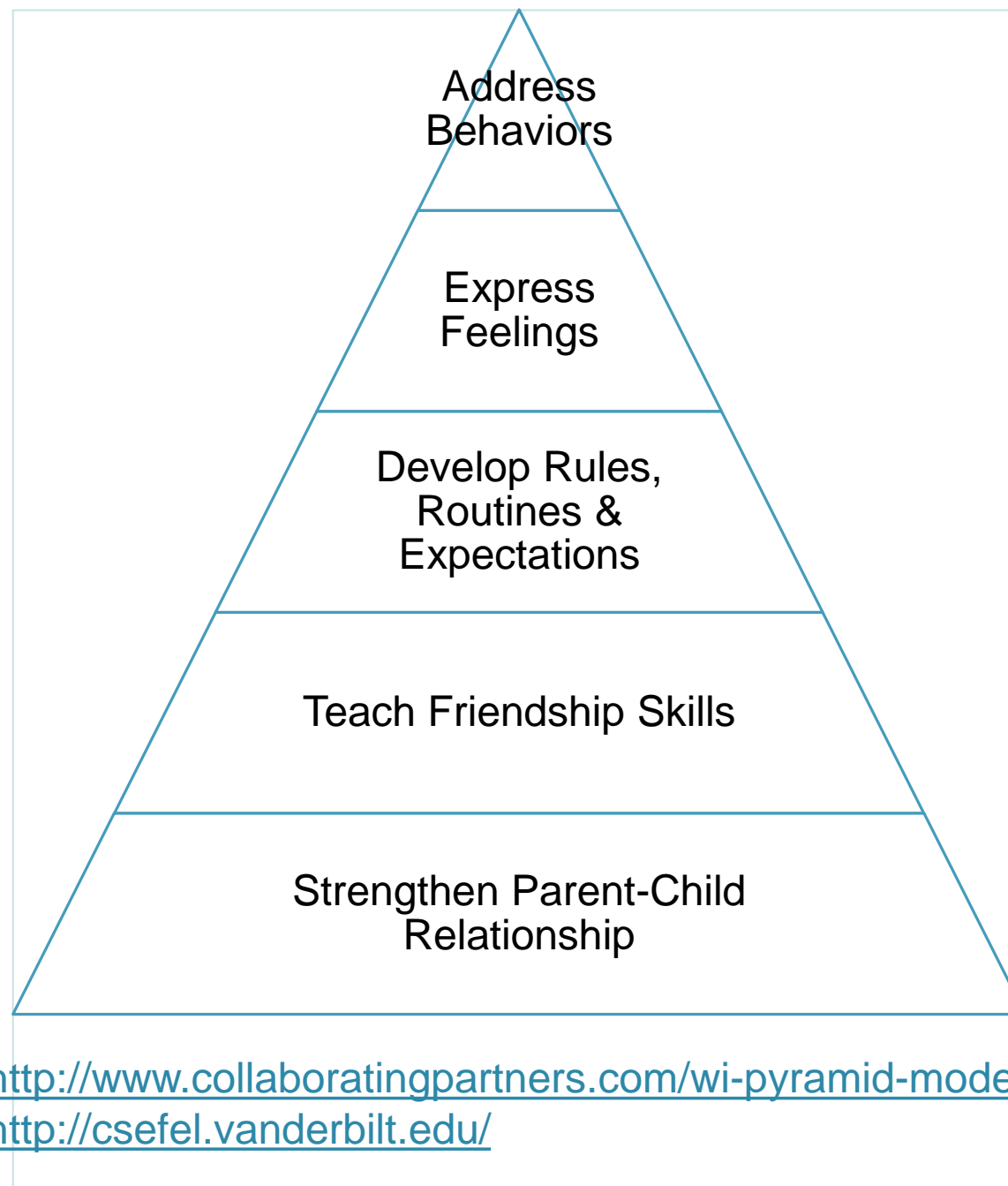
Jason Meekma
Executive Director





Prevention and Mental Health

Positive Solutions for Families



Developing Assets

- Positive Relationships
- Reducing Risky Behavior
- Improving Communication
- Increased responsiveness and resilience

EXTERNAL ASSETS



Support



Empowerment



Boundaries &
Expectations



Contructive Use of Time

INTERNAL ASSETS



Commitment to Learning



Positive Values



Social Competencies



Positive Identity



Talk with your small group about how these concepts are or can be applied in your community?

Group Up!

A grayscale background image featuring a group of diverse children of various ethnicities and ages, all smiling and looking towards the camera. The image is slightly faded to allow the text to be the primary focus.

Positive Solutions for Families

- Length: 6 week series - 90 minute workshop + 30 minute meal
- Free child care & meal provided
- Separate parent/child sessions
- School & Community Partnerships
- Practice skills between sessions
- Continuum/Holistic

Positive Solutions for Families

Benefits for Participants

- Positive Relationships
- Strength-Based
- Social-Emotional Skills Focus
- Child Development Awareness
- Knowledge of Resources & Supports



Evaluation

100% of participants reported an increased knowledge in:

- building positive relationships with their children
- helping their children develop friendship skills
- setting clear expectations
- helping children cope with strong feelings
- how to teach their children problem solving skills.

You gave me a key TOOL I needed which then helped me give [my son] a better tool for us to communicate.
– Tyesha

[Positive Solutions has helped me to become] a better version of the mother that I want to be.
– Rachael

There has been much less yelling, fewer heated conflicts and immense enjoyment during our times together. – Nicholas

Families and Schools Together

Meal Time

- The science of eating together

Skill Development

- The importance of knowing what matters

Special Play

- Just 15 Minutes a day



Outcomes and Assets

- Finding Outcomes
 - Data Collection and Client Feedback
- Partnerships
 - Building a relationship between School and Family
- Repetition
 - Follow up and follow through
- Practice at home
 - 15 Minutes a day
- Giving Back
 - Creating that sense of ownership



Takeaways



Communication



Play



Meals



Setting Expectations/Rules



Structure/Routine



Strategies

