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ENGAGING ALL
STUDENTS SO
EVERY CHILD
AND FAMILY
CAN THRIVE.

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► *Sara Daniel* ◀

Vice President of Educational Services, SaintA

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INTEGRATED SCHOOL MENTAL HEALTH MODEL MAKES THE GRADE

In a classroom of 25 students, it's likely 5 will have diagnosable mental health concerns.* This affects their ability to learn – and your ability to teach effectively. But, when we integrate school mental health services, we can do more to engage students, minimize classroom disruption and create healthy learners.

We approach school mental health contiguously with services that fit the needs of all three tiers of the MLSS model. The goal is to minimize behaviors of unchecked mental health concerns and maximize the functional behaviors that lead to better learning.

*WAFCA.org, Wisconsin Coalition for Expanding School-Based Mental Health

TIER 2 SECONDARY INTERVENTIONS

Rapid response, high efficiency, small group interventions for some students

2

3

TIER 3 TERTIARY INTERVENTIONS

Assessment-based, high intensity interventions for individual students

1

TIER 1 UNIVERSAL INTERVENTIONS

Preventive, proactive interventions for all students

AN EMPHASIS ON TRAUMA SENSITIVE SCHOOLS

School-based mental health can help remove barriers to a good education. One area of emphasis is trauma sensitive school practices, which acknowledge the impact of childhood adversities such as abuse, neglect, violence and a family history of mental illness.

Our integrated school mental health model starts with an introduction to the 7 Essential Ingredients (7ei) of trauma sensitive schools. 7ei is a framework that teaches schools to:

- ▶ Appreciate the impact and prevalence of trauma
- ▶ Shift perspectives by changing the question from “What’s wrong with you?” to “What happened to you and how can I support you?”
- ▶ Provide sensory- and regulation-based interventions
- ▶ Use relationship to help students create resilience
- ▶ Help students find their reason to be; their sense of purpose or direction
- ▶ Practice self-care so you can be the best educator you can be

GRADUATE TO AN INTEGRATED SOLUTION

Get started with the integrated school mental health model. Contact us at 414.465.1326.

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