

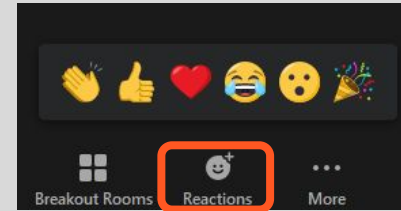
*SEL and Mental Health
is the
Work of
ALL in Education*

Growing School Mental Health
Wednesday, June 16, 2021



Share a Reaction Via the Zoom Toolbar!

If a host or participant is above version 5.2.0, they can send/receive six reactions



If a host or participant is below version 5.2.0, they can send/receive the clapping hands and thumbs up reactions

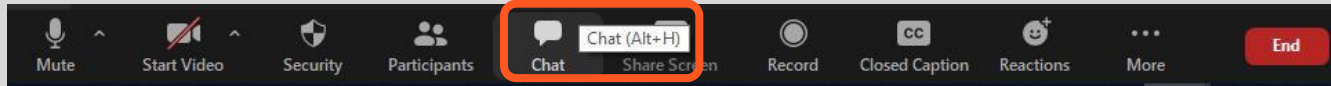


ZOOM TIP: *Your reaction will automatically disappear after 5 seconds.*

Talk With Us Via Chat!

CHAT: If you have any questions or issues during this session, please chat us!

Need help? Chat



CHAT is delivered to everyone unless you indicate who you'd like to chat via the drop down arrow next to everyone.

To: Everyone ▼

File



Type message here...

Agenda

- Introductions
- **Grounding Activity**
- Key System Features
- **Stakeholder Voices**
- Adult SEL & Mental Health

Introductions



Future Cain
Statewide Project
Coordinator



Jodi Hubbard
Statewide Coach



Stacey Starke
Statewide Coach



Rachel Pufall
Statewide Coach

Grounding Activity

What: Grounding Activity

Why: To gain a sense of who is at the table today

How: On this Jamboard, please share your name, role, location

Wisconsin Center for Resilient Schools

Mission Statement: Through collaborative coaching, the Wisconsin Center for Resilient Schools facilitates school and district capacity to strengthen student and adult resilience through equitable, comprehensive school-based mental health and trauma sensitive social emotional learning in order to promote academic success for each student.

Vision Statement: Every student and adult feel safe and supported to cultivate their unique gifts and have the opportunity and encouragement to further their best selves.



What is Coaching?

WCRS coaching can support your district or school teams to:

- Strengthen and align systems that support comprehensive school-based mental health and trauma sensitive social emotional learning in order to promote academic success for each student
- Engage with data, resources, and tools to create a sustainable plan to reach your desired outcomes
- Develop strategies for stakeholder engagement
- Explicitly position and communicate about trauma sensitive SEL as lever for equity



Outcomes

Participants will...

1. Become familiar with key elements of a school/district should have when beginning to put a system for Equitable SEL and Mental Health in the school systems.
 - a. Recognizing and leveraging the interconnectedness of all the systems in your school/district
 - b. Understand the importance of all stakeholder voices
 - c. Know the benefits engaging in your own SEL and Mental Well being

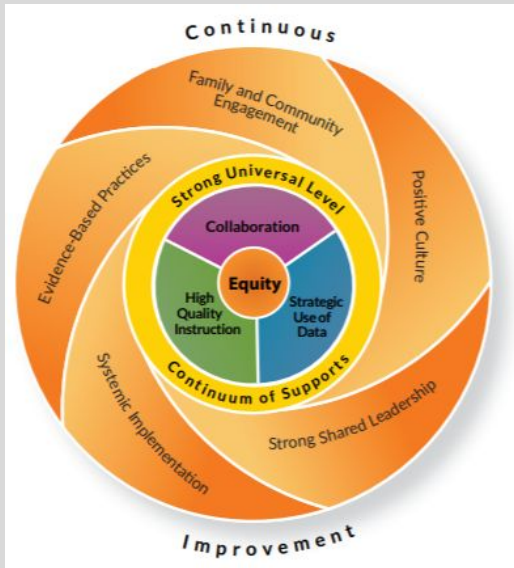


Interconnectedness & Alignment

<i>Framework</i>	<i>System</i>	<i>Practice</i>
<i>-Frameworks help to integrate and organize evidence-based prevention and intervention practices along a multi-tiered continuum that supports academic, social, emotional, and behavioral supports of ALL STUDENTS</i>	<i>-Systems are what educators experience to support their use of evidence-based academic & behavior practice.</i>	<i>-Practices are what students experience to support their academic, social-emotional and behavioral growth</i>

Key System Features

eMLSS



Mental Health Framework

- Strong Universal Implementation
- Integrated Leadership Teams
- Youth/Family/School/Community Collaboration
- Culturally Responsive Practices
- Data Based Continuous Improvement
- Positive Culture & Climate
- Staff Mental Health
- Confidentiality & Mental Health Promotion Policies
- Continuum of Supports

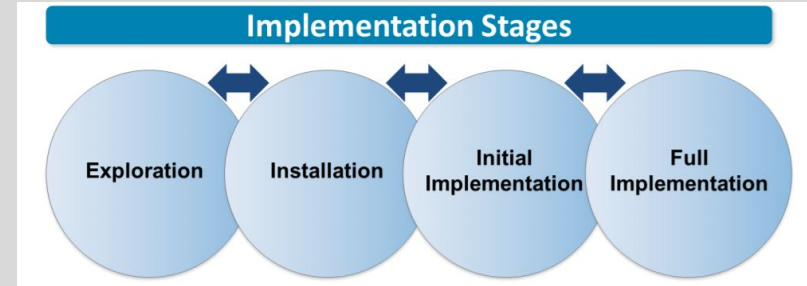
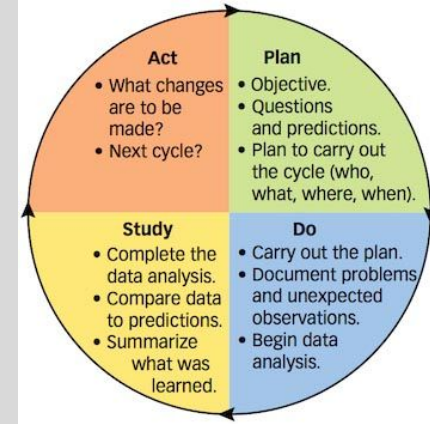
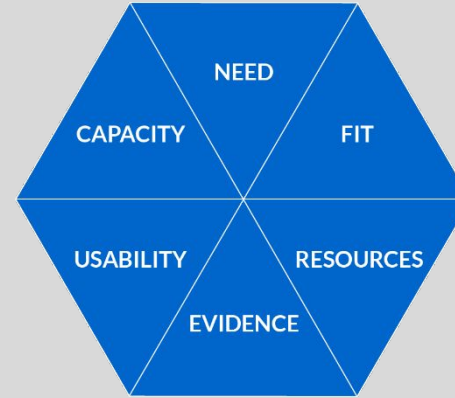
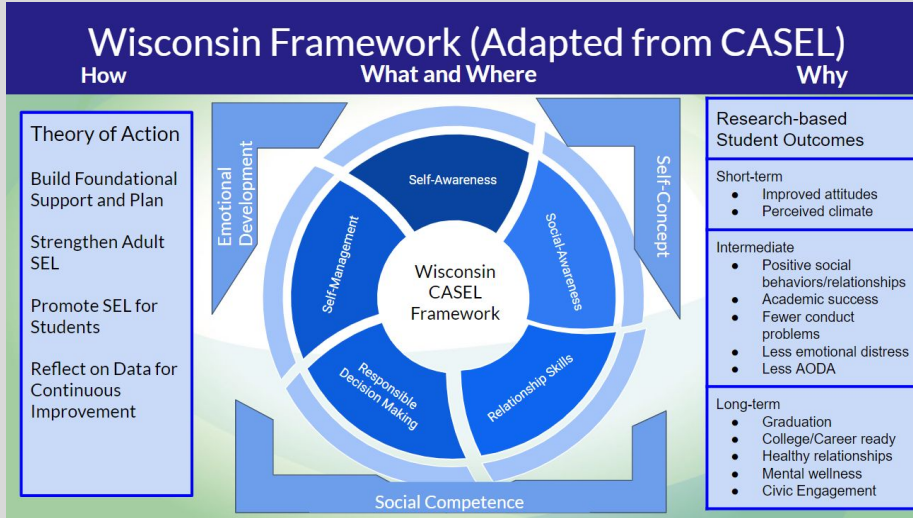
SEL

- Build foundational support & plan
- Strengthen adult SEL competencies & capacity
- Promote SEL for students
- Reflect on data for continuous improvement

TSS

- Safety
- Trustworthiness
- Choice
- Collaboration
- Empowerment
- PD for TSS coach and team
- PD for all staff
- Changes in perspective, culture & climate
- Shift in classroom & schoolwide practices
- Improve student outcomes

Tools to Assess your System



Importance of Stakeholder Voices



Quote referenced by Dr. Bloodline Barthelus, in Part 3 of 5 of the CASEL SEL as a Lever for Equity: Elevating Student Voice and Vision Webinar - Minute 51:21

Collective Expertise

What: Ways to hear all stakeholder voices in your work towards supporting ALL students

Why: To work towards creating equitable systems for ALL students

How: On this [PADLET](#), share ways in which you or your school district have sought input from different stakeholders



Adult SEL and Mental Health

What does Adult SEL even mean?

- Provide professional learning for reflection and development of SEL and cultural competence
- Create meaningful opportunities for collaboration and community building
- Model SEL interactions with students, staff, and families

CASEL's: Advancing SEL as a Lever for Equity and Excellence

- **Insight 2:** Prioritize adult learning and critical reflection about their own social, emotional, and cultural competencies



A woman with curly hair, wearing a dark jacket over a grey shirt and a red top, stands in front of a chalkboard. She has her hands clasped in front of her. The text "What are some of the ways you practice self care?" is overlaid on the image.

What are some of the
ways you practice
self care?

WCRS can support you by engaging in ...

- **Inquiry**

- Engage in conversation about district/schools Story/Journey
- Identify potential entry point for a coaching partnership

- **Discovery**

- Assess what is currently in place
- Identify voices that may be missing
- Assess supports for the adults in order to the work

- **Planning**

- Support the identification of overarching purpose
- Create a short term and long term plan
- Within the plan identify progress monitoring tools that will be used



Moving Beyond Training & Consulting: WCRS Coaching Partnerships



*If interested in exploring a partnership
with the WCRS, please fill out this
[Inquiry Form](#)*



What thoughts, questions, or wonderings do you have about what was shared?